

DEMENTIA MENTORS

YOU'RE NOT ALONE
FIND FRIENDSHIP, SUPPORT & HOPE



Virtual Memory Cafés

40+ online meetups each month, created by and for people living with dementia. A welcoming space to laugh, chat, and share.



Inspirational Library

Watch motivational videos created by our community members sharing real experiences, practical tips, and encouragement.

ABOUT US

Dementia Mentors is an international, peer-led community for people living with dementia. We keep you social and supported from home through 40+ Virtual Memory Cafés each month and uplifting peer videos. There is meaningful life after diagnosis.

WHY IT MATTERS

Support from someone who has walked the same path can make all the difference. We provide social connection and safety from the comfort of your own home — because together, we thrive as a community.

SCAN ME

READY TO CONNECT?

Visit Our Website
dementiamentors.org

Join Our Facebook Community
@dementiamentors